





# FLANINGO FOCUS ROTARY CLUB BULLETIN

QUARTER JANUARY-MARCH 2025



# THE MAGIC OF ROTARY

# TOGETHER WE SERVE, TOGETHER WE SHINE







**ROTARY CLUB OF NAVI MUMBAI FLAMINGO CITY** 



# **Stephanie Urchick** President, Rotary International

In every corner of the world, in schools, clinics, villages, and cities, Rotary continues to do what it does best – **create hope**.

Hope is not a passive feeling. It is an act. It is the warmth of a shared meal, the comfort of mental health support, the pride in honouring those who quietly serve, and the peace offered by preventive education. I have seen this hope in action across Rotary clubs, and it lives vibrantly in every initiative led with compassion and purpose.

Rotary's strength lies in its people. You, the members of Rotary Club of Navi Mumbai Flamingo City, are showing the world what it means to lead with heart. Your projects – from mental wellness and legal literacy, to cultural celebration and empowering students – are reflections of our core mission: to make lasting change in ourselves, in our communities, and across the globe.

Let us continue to serve with humility, to listen with empathy, and to act with courage. Because when Rotary acts, **the world sees hope**.

(inspired by the RI President's recent Messages to the Rotarians)



Dinesh Mehta District Governor

As we move through this Rotary year with the theme **"Create Hope in the World"**, I'm inspired by how our clubs are bringing this message to life – with empathy, enthusiasm, and excellence.

Hope is not created in boardrooms. It is created on the ground – in the way we feed the hungry, educate the young, empower the elderly, and recognise those who serve silently. It is evident in projects that extend beyond service – becoming stories of impact and transformation.

The Rotary Club of Navi Mumbai Flamingo City has exemplified this spirit. From uplifting vulnerable groups through health and legal literacy, to celebrating vocational heroes and fostering youth awareness, your initiatives reflect Rotary's commitment to **action with purpose**.

We are not just a global network – we are a **movement of change-makers**. Let us continue to serve not just for outcomes, but for the lives and legacies we touch along the way.

Thank you for being the heartbeat of Rotary in your community.

With warm regards and Rotary fellowship,

(inspired by the District Governor's recent Messages to the Rotarians)



Rajni Shamshery President

#### Dear Flamingorians,

As we journey through this Rotary year, I'm continually reminded of the power we hold – not just in projects we plan, but in the **hope we create**, the **dignity we restore**, and the **connections we build**.

Every act of service, whether large or small, carries the potential to transform lives – and that transformation begins with us. When we listen with empathy, when we show up with sincerity, we live the essence of our Rotary motto: **Service Above Self**.

From guiding youth to honoring the wisdom of seniors, from promoting mental wellness to celebrating cultural unity, our club has touched lives not only with action, but with heart. These aren't just projects – they are expressions of Rotary's vision in motion.

As President, I am humbled to walk this path with such committed individuals. Your warmth, your energy, your ideas – they make Rotary real for the communities we serve.

Let's continue to lead with compassion, collaborate with courage, and carry forward our legacy of meaningful service. Together, we are more than a club – **we are a beacon of purpose.** 

With gratitude and Rotary spirit,

#### **Rtn. Rajni Shamshery**

President 2024-25 RC Navi Mumbai Flamingo City

**RCNM Flamingo City** 

### **OFFICE BEARERS**

ROTARY CLUB OF NAVI MUMBAI FLAMINGO CITY

President **Rajni Shamshery** 

Vice President **R K Pugalia** 

Secretary **Meenakshi Bhalla** 

Treasurer **K K Kushwaha** 

Director Membership Vandana Kushwaha

Sgt. in Arms **S K Shamshery** 

Director TRF **K K Kushwaha** 

Director Youth Services **S K Shamshery** 

PI & PR S K Shamshery

Director Projects **K K Kushwaha**  Editorial

# Telling our story, one act of service at a time.

### Dear Flamingo Family,

Dear Readers,

As we turn the page on another impactful quarter, one thing becomes clear – **Rotary is not just a club, it's a calling**. And this quarter, that calling was answered with sincerity, strength, and spirit.

From educating youth and empowering senior citizens to honouring teachers and engaging families in cultural celebrations, our club's work has reflected Rotary's timeless mission: **to serve with purpose and heart**. These stories, woven together in this edition, are not just records of activity – they are expressions of Rotary values lived out loud.

Each Rotarian has brought something irreplaceable to our journey – their presence, their perspective, and their passion.

As the Flamingo Focus reaches your hands, I hope it also touches your heart. May it remind us all that when we act together, **we don't just complete projects – we build a better world, one thoughtful step at a time.** 

Let's keep that flame alive – of service, of unity, and of quiet transformation.

In Service & Fellowship,

**Rtn. Samir Kant Shamshery** 

Director - Public Image RC Navi Mumbai Flamingo City

# When Youth Meets Purpose, Empathy Becomes the Outcome



### 15-day community immersion program.

**Venue:** SIES College, Nerul

**Date:** January 3, 2025

**Beneficiaries:** 300+ students, NGOs, and community members

Solution (10) Rotarians Involved: 10

**Š Project Cost:** ₹3,000

#### **Project Lead:** Rtn. KK Kushwaha Rtn.Meenakshi Bhalla Rtn. S.K. Shamshery

# Bridging Hearts and Society a lesson in empathy, dignity, and compassion

On January 3, 2025, the Rotary Club of Navi Mumbai Flamingo City partnered with **SIES College of Management Studies** to co-host a deeply meaningful **15day community immersion program**. This collaboration wasn't just a college activity — it was a bridge between **young hearts and real-world humanity**.

Over 300 management students were connected with local NGOs, old age homes, orphanages, and special education centres, where they volunteered their time, energy, and attention. The program was crafted to give students a first-hand experience of service and social issues, not through lectures, but through lived connection.

As students engaged with elderly residents, special needs children, and underprivileged youth, they weren't just volunteers — they became listeners, companions, and learners. One student shared tearfully, "We came to give, but we received so much more."

Rotarians from Flamingo City played an active role in planning, mentoring, and participating in select visits, sharing Rotary's ethos of **Service Above Self** and guiding students through the process of reflection and impact

The event culminated in a presentation session at SIES, where students shared emotional stories of transformation, along with thoughtful ideas for social innovation. The room was filled with sincerity and newfound respect for the challenges so many people face every day.

What started as an academic outreach ended as a lesson in empathy, dignity, and compassion. For Rotary and the next generation, this was not just an event — it was a promise of continued partnership for a better, kinder society.

# **Empowering Young Minds through Awareness**

### **Knowledge That Builds Citizens**

P Venue: Gyandeep
School, Navi Mumbai
Date: January 11, 2025
Students Benefited: 160
Project Cost: ₹6,000
Rotarians Involved: 6

# **Project Credits**

**Project Lead:** Rtn. KK Kushwaha Rtn.Meenakshi Bhalla Rtn. William Charles Desouza Rtn. S.K. Shamshery

#### Supported by:

Gyandeep School



# Shaping Tomorrow's Citizens through Awareness that inspires Action

In a day packed with purpose, RCNM Flamingo City conducted **three impactful awareness sessions** at Gyandeep School — each tailored to guide students toward better choices and informed citizenship.

#### 🔷 Mobile Addiction & Radiation Awareness

Students learned about digital discipline, screen time hazards, and healthy tech habits.

#### Drug Addiction Awareness

Real stories and role-play helped students understand peer pressure, emotional resilience, and smart decision-making.

#### 🔷 Constitutional Literacy

Students explored their rights, duties, and what it means to be responsible citizens of India.

This initiative reaffirmed Rotary's mission to empower youth with knowledge that **builds character, community, and country.** 

# Peace of Mind at Every Age

### Mental Wellness Awareness Session

- **Venue**: NRI Complex |
- **Date:** Jan 16, 2025

Beneficiaries: 42 Senior Citizens I

**Š Project Cost**: ₹4,000 |

Rotarians Involved: 7



**Project Lead:** Rtn. KK Kushwaha Rtn.Meenakshi Bhalla Rtn. S.K. Shamshery

**Community Support:** NRI Complex



# **Dignity in Service, Honour in Every Role**

Mental well-being is just as essential as physical health, especially in the golden years. On January 16, 2025, RCNM Flamingo City hosted an enriching session for senior citizens focused on mental wellness and emotional resilience, led by District Trainer Ms. Kavita Nair.

In a calm, interactive environment, seniors were guided through techniques to manage **anxiety**, **loneliness**, **stress**, and the emotional challenges that can accompany ageing. The session focused on simple, practical methods — including breathing exercises, positive reframing, and daily mindfulness rituals.

"The methods were easy to grasp and immediately useful," said one participant, smiling with renewed clarity.

This initiative highlighted Rotary's commitment to **holistic** ageing and dignity at every stage of life

# **Together in Tradition and Joy**





**Project Lead:** Rtn. KK Kushwaha



### **Changing Tomorrow Through Informed Choices**

Flames of celebration and hearts full of laughter lit up the evening at the **District Lohri Celebration 2025**, where hundreds of Rotarians and families came together for a vibrant evening of cultural joy and Rotary fellowship.

Members of RCNM Flamingo City were among the 600+ attendees, soaking in the festive atmosphere with **Punjabi folk music, traditional dance, a bonfire ceremony**, and a sumptuous feast of seasonal delicacies.

Beyond celebration, it was a reminder of **Rotary's** unifying power — across clubs, cultures, and communities.

# **Saluting Outstanding Educators**

# Nation Builder Awards Ceremony

**Venue:** NRI Complex |

**Date:** Jan 18, 2025

**Beneficiaries**: 50 Attendees |

**Š Project Cost**: ₹5,000 |

💝 **Rotarians Involved:** 6

# **Project Credits**

**Project Lead:** Rtn. KK Kushwaha Rtn.Meenakshi Bhalla Rtn. S.K. Shamshery



### **Nation Builder Awards Ceremony**

Behind every student's success is a teacher who inspires. On the evening of January 18, our club honoured **three dedicated educators** with the prestigious **Nation Builder Award**, recognising their lifelong contribution to shaping young minds.

Each teacher spoke not just about academics, but about **building confidence, nurturing creativity, and guiding students through life's challenges**. The audience — a mix of parents, students, and Rotarians — responded with warmth and admiration.

President Rtn. Rajni Shamshery shared,

"Education is the root of every sustainable solution Rotary aims to build."

The event was a graceful celebration of humility, gratitude, and the power of teaching.

# **The Power of Preparedness**

## Nation Builder Awards Ceremony

Venue: NRI Complex |

**Date:** Mar 27, 2025

**Beneficiaries**: 65 Participants

**Š Project Cost**: ₹520,500 |

**> Rotarians Involved:** 6

# **Project Credits**

**Project Lead:** Rtn. KK Kushwaha Rtn.Meenakshi Bhalla Rtn. S. K. Shamshery



# Will Writing Awareness for Senior Citizens

Legal literacy is often overlooked — until it becomes urgent. In a thoughtful, well-attended session, **RCNM Flamingo City organised a Will Writing Awareness Seminar** for senior citizens, addressing key questions about estate planning and inheritance.

Led by **Mr. Raghvendra Nath**, a renowned legal expert, the session demystified the process of writing a will, legal validity, handling of disputes, and the importance of formal documentation.

"It's more than paperwork — it's peace of mind for families," noted a participant.

Rotary provided clarity, calm, and confidence to those seeking **security for their loved ones and dignity in their decisions.**